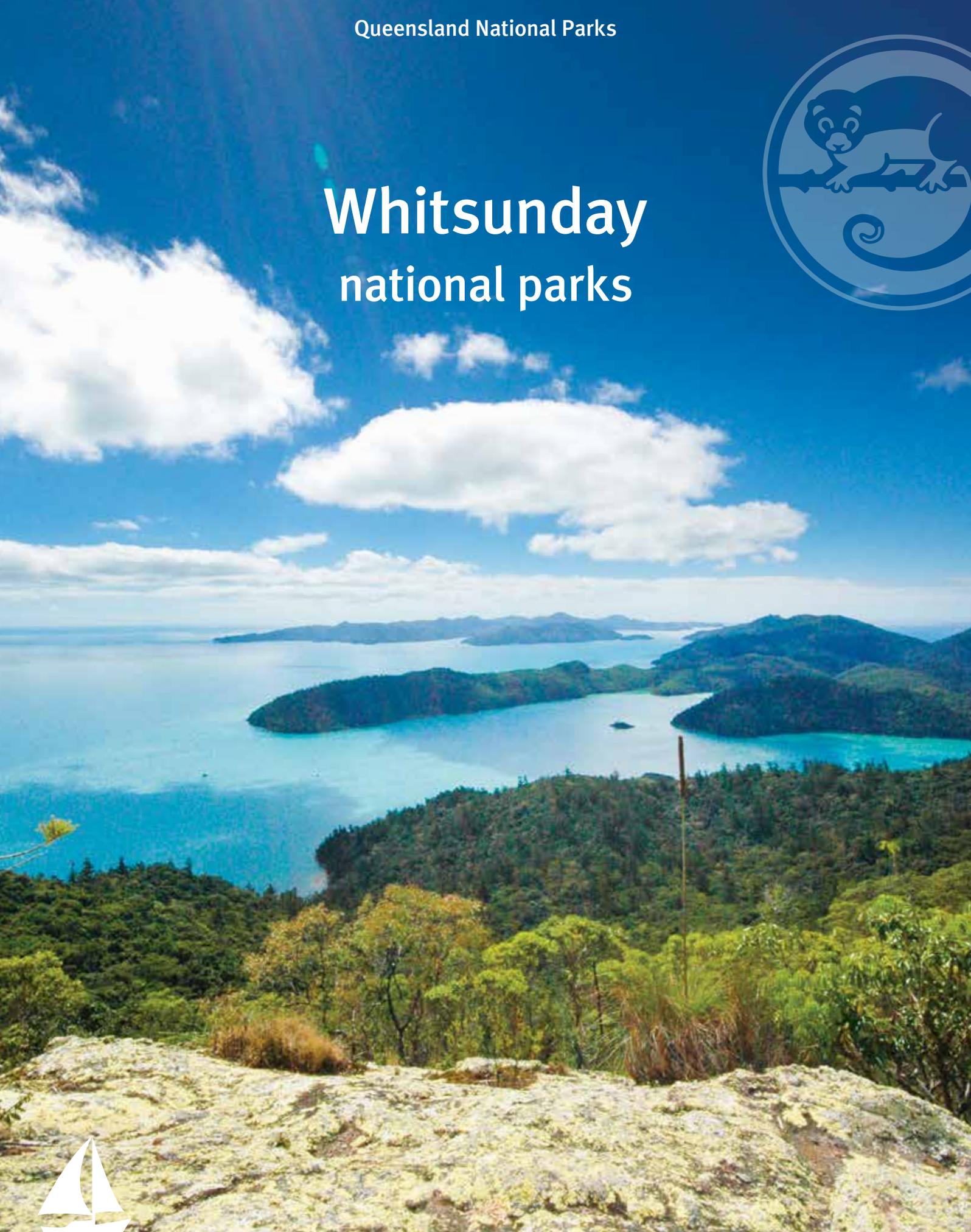




# Whitsunday national parks



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## Parks at a glance

	Wheelchair access	Camping	Toilets	Day-use area	Lookout	Public mooring	Anchorage	Swimming and snorkelling	Diving	Bushwalking	Mountain bike riding
Conway NP	✓	✓	✓	✓	✓					✓	✓
Dryander NP		✓	✓								
Gloucester Islands NP		✓	✓				✓	✓			
Holbourne Island NP								✓	✓		
Lindeman Islands NP		✓	✓		✓		✓	✓	✓	✓	
Molle Islands NP		✓	✓		✓	✓				✓	✓
Repulse Islands NP		✓					✓				
Whitsunday Islands NP		✓	✓	✓	✓	✓	✓	✓	✓	✓	

For a more comprehensive guide of the parks listed above, visit [qld.gov.au/NationalParks](http://qld.gov.au/NationalParks)  
 Photos: (front cover) Stunning view from Whitsunday Peak, looking over Cid Harbour, the top of Whitsunday Island and further afield to Hook Island. Justin Heitman © Qld Govt; (this page) Adam Creed © Qld Govt

### Abandon

daily life for a tropical island paradise, leaving nothing but footprints in the sand.



### Treasure

ancient rock art and middens of one of Australia's earliest-recorded First Nations groups, the Ngaro people.



### Drift

from island to island fanned by the balmy Whitsunday breezes.

### Explore

landscapes of wind-swept grasstree heaths and far-reaching vistas of the tropical Whitsunday coast.



Photos (clockwise from bottom right): Justin Heitman © Qld Govt; © Tourism and Events Qld; Justin Heitman © Qld Govt; Justin Heitman © Qld Govt; Lisa Scott © Qld Govt  
 Photos below: (left) © Qld Govt; (right) Justin Heitman © Qld Govt

### Dive

into an underwater world of vibrant colour in the Great Barrier Reef World Heritage Area.



## Welcome to

# The Whitsundays ...

### ... from the Ngaro people

The Whitsunday area is the traditional land and sea Country of the Ngaro people. The Traditional Custodians maintain a strong and ongoing spiritual connection to their homelands, and ask that you tread with care and respect when visiting this amazing place.

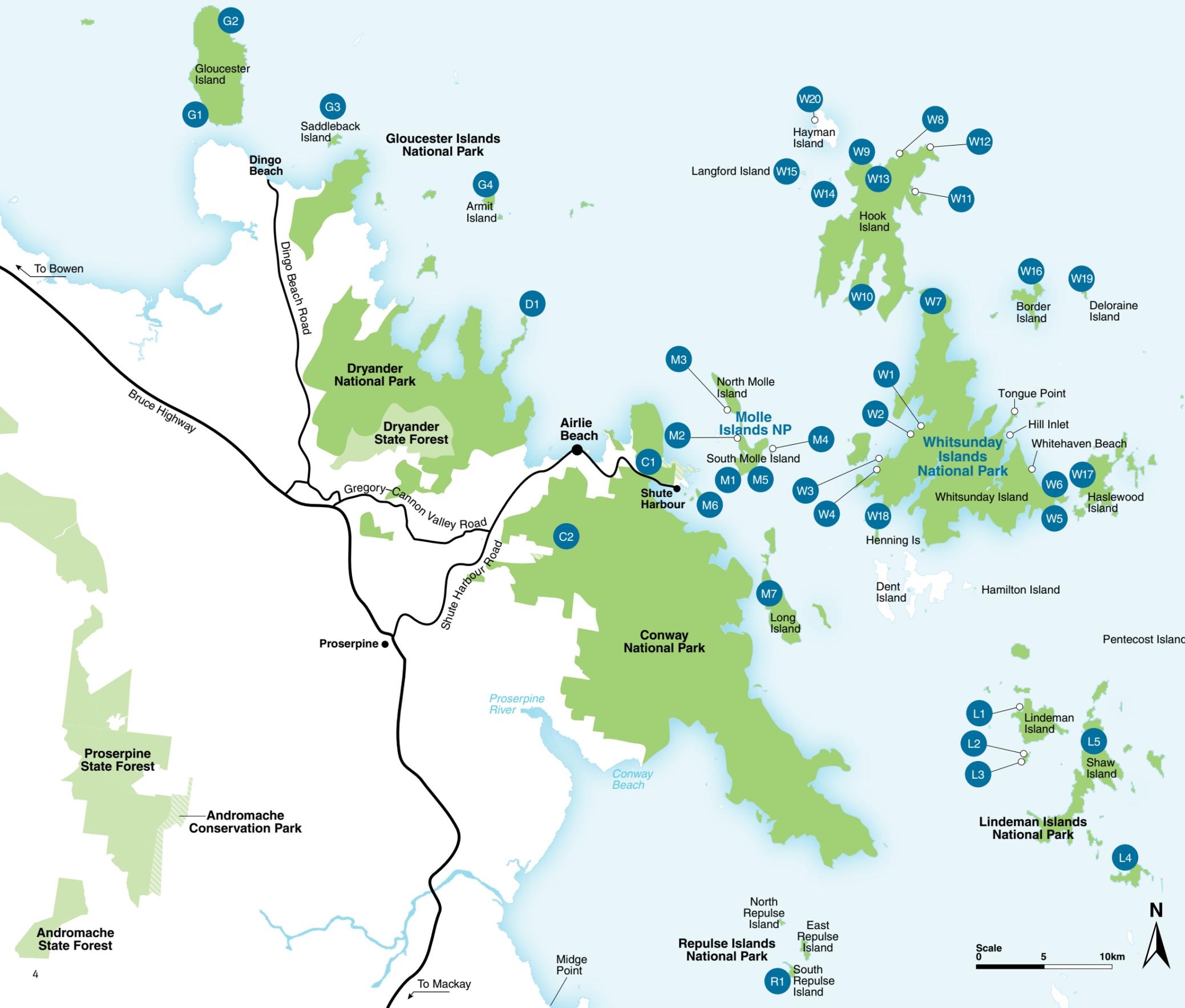
### ... from the Gia people of the Conway Ranges

“ We ask that you respect our beautiful and significant places and join us in caring for Country—a place to treasure and enjoy for now, and for our future generations.

“ The Whitsundays is a stunning area filled with views of unspoilt islands, powdery sand beaches, and turquoise waters. It has endless spots to find your own private beach to relax, go for a snorkel, have a fish or take a bushwalk. The magical Whitsundays is just waiting to be explored!  
*Ranger Kay on behalf of the Park Rangers of the Whitsundays*



# Map of the Whitsundays



Island and site name	Map reference	Island and site name	Map reference
Whitsunday Islands National Park		Molle Islands National Park	
<b>Whitsunday Island</b>		<b>South Molle Island</b>	M1
Dugong Beach	W1	Sandy Bay	M2
Sawmill Beach	W2	Paddle Bay	M3
Naris Beach	W3	<b>North Molle Island</b>	M4
Joels Beach	W4	Cockatoo Beach	M5
Chance Bay	W5	<b>Planton Island</b>	M6
Whitehaven Beach	W6	<b>Denman Island</b>	M7
Cairn Beach	W7	<b>Tancred Island</b>	M8
<b>Hook Island</b>	W8	<b>Long Island</b>	M9
Maurens Cove	W8	Sandy Bay	M10
Steens Beach	W9	<b>Lindeman Islands National Park</b>	
Curlwe Beach	W10	<b>Lindeman Island</b>	L1
Crayfish Beach	W11	Boat Port	L2
Manta Ray Bay	W12	<b>Seaforth Island</b>	L3
Butterfly Bay	W13	Orchid Beach	L4
Black Island	W14	Esme Beach	L5
<b>Langford Island</b>	W15	<b>Thomas Island</b>	L6
Langford Spit	W15	Naked Lady Beach	L7
<b>Border Island</b>	W16	<b>Shaw Island</b>	L8
Cateran Bay	W16	Neck Bay	L9
<b>Haslewood Island</b>	W17	<b>Gloucester Islands National Park</b>	
Stockyard/Chalkies	W17	<b>Gloucester Island</b>	G1
<b>Henning Island</b>	W18	Bona Bay	G2
Northern Spit	W18	East Side Bay	G3
Deloraine Island	W19	<b>Saddleback Island</b>	G4
<b>Hayman Island</b>	W20	<b>Armit Island</b>	G5
Blue Pearl Bay	W20	<b>Repulse Islands National Park</b>	
<b>Conway National Park</b>		<b>South Repulse Island</b>	R1
Mount Rooper	C1	<b>Dryander National Park</b>	
Conway circuit	C2	Grimston Point	D1

## Legend for publication

National park	<b>Pictograms</b>	QPWS office
State forest	Camping	Information
Conservation park	Toilets	Information shelter
Ocean	Viewpoint	Interpretive walk
Waterway	Picnic table	Barbecue—wood
Highway	Sheltered table	
Sealed road	Walking track	
Unsealed road	Snorkelling/diving	
Walking track	Fishing	
Mountain	Public mooring	
Town/city	Anchorage	
Distance marker	Parking	
Bridge		

Scale  
0 5 10km



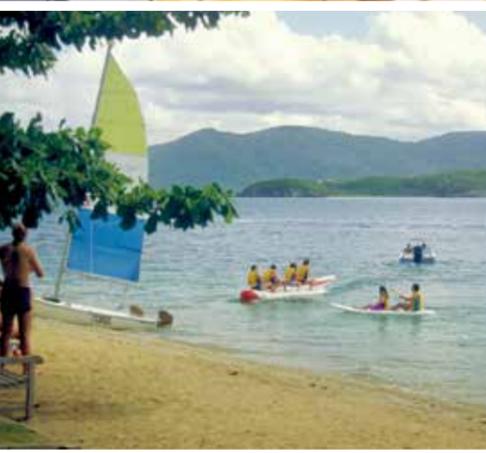


No matter which way you look at it, the Whitsundays are a glorious getaway.

Photo: © Tourism and Events Qld

## Plan your getaway

Experience a holiday to remember in the heart of Queensland's Great Barrier Reef. Discover dazzling white secluded beaches, ancient Aboriginal rock art, sweeping grasslands and rocky shores fringed with coral reefs. The Whitsundays offers an endless choice of natural adventures.



Top: Setting out on a canoe adventure on the Whitsunday Ngaro Sea Trail. Above: Play about in the waters off Daydream Island. Right: The Whitsunday's world famous Heart Reef is best seen from the air.

Photos: (top) Justin Heitman © Qld Govt; (above and right) © Commonwealth of Australia (GBRMPA)

### Global treasure

The Whitsunday islands, and their surrounding waters, are protected in the Great Barrier Reef World Heritage Area, Australia's first and the world's largest World Heritage Area. After stupendous rifting and ripping of the earth's crust, the Whitsundays islands—remnants of ancient volcanic calderas—remain as a group of more than 90 green gems now dotted in the aquamarine Coral Sea. This remarkable ecosystem, one of the world's largest barrier reefs, is home to thousands of different species of plants and animals. Come and see for yourself! Find out more at [gbrmpa.gov.au](http://gbrmpa.gov.au)

### Best time

It's pleasant all year in the Whitsundays, but April to September are the best months when daytime temperatures are milder (21–26°C) and nights are cooler (16–22°C). Water temperatures in the ocean vary throughout the year from 22–27°C. It can rain any time, but the heaviest rains fall between January and March. Cyclones are more likely to occur between November and April, so make sure you read any emergency advice ([bom.gov.au](http://bom.gov.au)) before you visit.

### Best way

The Whitsunday coast is about two thirds of the way along Queensland's coast between Brisbane and Cairns. Drive 1,120km (12hr) north from Brisbane, or 630km (7hr) south from Cairns, to Proserpine on the Bruce Highway. Follow signs to Airlie Beach—30km along Shute Harbour Road. Plane flights from Brisbane take about 1.5hr. Plane flights are also possible from Proserpine and Hamilton Island.

### Mainland parks

You can reach Conway National Park by 2WD and enjoy many options for walking or mountain-bike riding around the coastal fringe or up in the range. You'll need a boat to get over to Dryander National Park's secluded Grimston camping area.

### Island parks

You can reach the Whitsunday islands by joining a tour or private charter, using your own kayak or vessel or hiring a tinnie or a bareboat—no skipper or crew.

### Add some local flavour

Time your holiday with a local event. There's the annual music festival in November or sailing, fishing and triathlon events throughout the year. Find out more at [qld.com.au](http://qld.com.au) and [tourismwhitsundays.com.au](http://tourismwhitsundays.com.au)



### Guided tours

Get on board a guided tour with an experienced and friendly local. Enjoy sailing and snorkelling day trips or overnight camping where tourism operators take you away from the crowds. Commercial water taxis from Shute Harbour can drop you at island camp sites, where you can walk, snorkel, dive and fish, or just relax. Visit [tourismwhitsundays.com.au](http://tourismwhitsundays.com.au) for tour details.



Top: Take in staggering views from any of the lookouts in the Whitsundays. Above: Get a bird's eye view of the reef. Below: Stop, breathe and enjoy the views from the walks on the Whitsunday Ngaro Sea Trail.

Photos: (top) Justin Heitman © Qld Govt; (above) © Tourism and Events Qld; (below) Dave Harper © Qld Govt





Come face to face with some big beauties of the reef.

Photo: Darren Jew © Tourism and Events Qld



Hill Inlet, a stunning swirl of sea and shifting sands.

Photo: © Tourism and Events Qld

## Outdoor adventures

Embark on a sea venture to an island national park—there are many to choose from. Or explore inland, where the rugged range provides a perfect place for exploration on foot or mountain bike.



### Pull on your shoes

Walk a little or a lot, choosing from easy short walks to longer full-day or multi-day hikes. See p27 for track classifications and choose the right walk for you.

### Get on your bike

Peddle on South Molle Island or around the many shared trails in Conway National Park.

### Float your boat

The best way to see most of the Whitsundays is to float! Take your own boat, hire one or let a tour operator look after everything. If paddle power suits your style, grab your kayak and island-hop on the Whitsunday Ngaro Sea Trail, staying at a different camp site each night.



### Explore underwater

Dive bommies, crevices and caves along the reef slopes. Cool off and snorkel around rocks and reefs. Ask the locals for some top spots to dive and snorkel.

### Watch whales

Witness awe-inspiring acrobatics by majestic humpback whales visiting between May and September to calve in the warmer waters.

### Discover an ancient story

The Ngaro and Gia people have a spiritual and unbroken connection to this land and sea country spanning more than 9,000 years. Visit the stone-tool quarry on South Molle Island and the Ngaro Cultural Site in Nara Inlet on Hook Island.

### Pitch your tent

Camp over at one of 28 camping areas across the islands or mainland parks. Some island camping areas have only one site, so you'll have the whole place to yourself! Remember to book your national park camping online at [qld.gov.au/Camping](http://qld.gov.au/Camping)



There's lots to do in the Whitsundays whether you're walking, on wheels or on the water.

Photos (top left to bottom right): Tim Payne © Qld Govt; Justin Heitman © Qld Govt; © Tourism and Events Qld; © Commonwealth of Australia (GBRMPA)

## Whitsunday Islands National Park

### Must dos

- Snorkel or dive to see a stunning underwater world.
- Climb to Hill Inlet lookout.
- Visit the Ngaro Cultural Site.

### Getting there

Whitsunday Islands National Park, 25km east of Airlie Beach, protects 30 islands, including Whitsunday, Black, Hook and Langford islands. Visit by private or commercial boat, helicopter or sea plane from Airlie Beach or Shute Harbour. Some companies drop off and collect campers.

Walk along the squeaking, white sands of famous Whitehaven Beach.  
Photo: Justin Heitman © Qld Govt

### Ranger tip

Manta Ray Bay is an awesome spot to see some really big fish, such as the big, beautiful and protected Maori wrasse, some cheeky trevallies and millions of smaller reef fish.

Ranger Kay

Discover a slice of paradise on jewel-green isles surrounded by turquoise blue waters.

Marvel at the swirling sands of Hill Inlet, an area rich with links to the Ngaro people's past. Relax on world-famous Whitehaven Beach, then, take a short walk to view the stunning Solway Passage. See the Whitsundays, as if from the roof of the world from the best lookouts in the Whitsundays.

### Things to do

#### Snorkelling and scuba diving

Snorkel the reef at high tide or explore coral bommies, crevices and caves along the reef at Whitsunday, Hook, Black, Langford, Haslewood and Deloraine islands.

#### Wildlife spotting

The Whitsundays are alive with wildlife. You'll be delighted at the wondrous complexity of life around you.

#### Fishing and walking

Either cast a line off Dugong Beach or take a short, easy walk over to Sawmill Beach. Pack extra food and water and tackle a longer uphill hike (2.5km) up to Whitsunday Peak and be rewarded with incredible views.



Take in fantastic views when you walk the Whitsundays.  
Photo: Tim Payne © Qld Govt



## Places to go

### Whitsunday Island

#### Whitehaven Beach lookout

#### Headland track

970m return. Allow 30min.

400m headland track. Allow 30min.

This is a premier walk. You'll see Whitehaven Beach's 7km shoreline with uninterrupted views. And get a closer look at the enthralling Solway Passage. There's fascinating rock formations and wonderful views of the Whitsunday Island peaks and the islands dotted in a sparkling sea.

#### Solway circuit

1.2km return. Allow 40min.

Wander along this one-way circuit from Whitehaven Beach uphill to a natural rock platform with spectacular views over Solway Passage and the surrounding islands.

#### Chance Bay track (off Solway circuit)

3.6km return. Allow 2.5–3hr.

Follow this track through some of Whitsunday Island's more secluded areas to peaceful Chance Bay. This delightful walk branches off the Solway circuit.

#### Hill Inlet lookout track

1.4km return. Allow 40min.

Take an uphill wander to multiple lookouts for stunning vistas over Hill Inlet's turquoise waters and white, sweeping sands—a highly-significant area to the Ngaro people. Access the track from Hill Inlet or Tongue Bay.

#### Beach track

500m return. Allow 20min.

Branch off the Hill Inlet lookout track and head downhill to the bright-white, quartz sands of Hill Inlet and across to Whitehaven Beach, considered one of the top 10 beaches in the world.

#### Dugong-Sawmill track

3km return. Allow 1hr.

Walk under stands of giant rainforest trees and solitaire palms before entering what seems a fairyland of mosses, lichens and fungi on this semi-shaded walk from Dugong Beach to Sawmill Beach.

#### Whitsunday Peak track

5km return. Allow 4hr.

Walk uphill from Sawmill Beach day-use area to windblown heaths, for impressive vistas from the 'roof of the Whitsundays'.

#### Whitsunday Cairn track

4km return. Allow 3hr+.

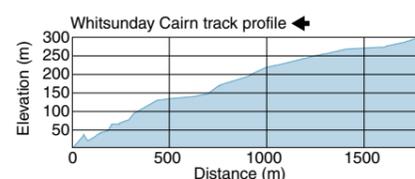
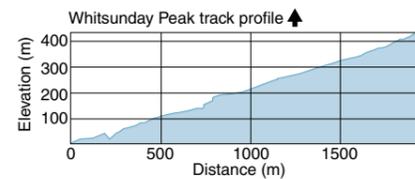
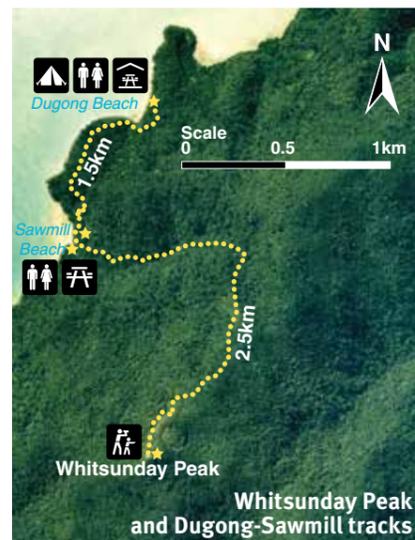
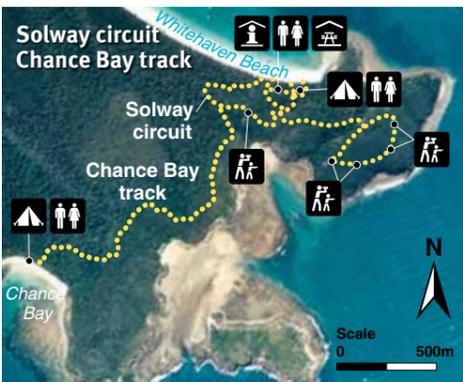
Walk from Cairn Beach—Whitsunday Island's most northerly beach—up to a ridge covered with giant grasstrees. It's steep and challenging, but what a view—simply breathtaking.

#### Langford Island

##### Langford Island lookout

300m one way. Allow 20min.

Stroll the mangrove lined shore before gently walking uphill through mixed tall trees, small ferns and orchids. Marvel at the remarkable Whitsunday bottle trees and enjoy views along the island's spit to nearby Black and Hook islands.



#### Hook Island

##### Ngaro Cultural Site

340m return. Allow 20min.

Protected from the elements in a once-hidden cave, the Ngaro people adorned the fragile rock surface with their artwork over the last 9,000 years. Clamber up a short, and initially steep track with steps, to a viewing platform at the cave's entrance.

#### Haslewood Island

##### Haslewood Island lookout

300m one way. Allow 20min.

Leave Chalkies Beach behind as you walk uphill to the island's rocky headland. Passing through a natural gully of shady eucalypts and grasstrees, you are

rewarded with spectacular island and sea views from the lookout.

#### Border Island

##### Border Island

1.2km return. Allow 1hr.

Explore ashore and enjoy Ceteran Bay from above on this short walk. After an initial steep ascent, meander along the island's saddle of native grassland and enjoy views from 2 lookouts.

## Places to camp

### Whitsunday Island

Dugong Beach is a great place to take the kids and can accommodate larger groups, while Joes Beach is secluded, but offers great views across to Cid Island. Cairn Beach is a kayaker's camping delight.

#### Hook Island

Boat up to and camp over at Hook Island's Maurens Cove, Steens, Curlew or Crayfish beaches. Stay a couple of days to snorkel the island's fringing reefs and spend an hour or so at the Ngaro Cultural Site. Start at Nara Inlet—an excellent deep overnight anchorage, accessible at mid to high tide—and leave at least an hour to immerse yourself in the stories of the past.

#### Henning Island

Picnic on the sandy beach, near the Northern Spit camping area, and enjoy views of Whitsunday and Hamilton islands. The Spit is accessible by boat at all tides, but is a poor anchorage. Use the public moorings here.

Island and site name	Map ref. (p4)	Facilities and activities	Beach type	Further information
Whitsunday Islands National Park				
<b>Whitsunday Island</b>				
Dugong Beach	W1	🏠 🚰 🚿 🚻 🚰 🚿 🚻 🚰 🚿 🚻	Sand	Camping area backed by rainforest and connected by a 1km walking track to Sawmill Beach. Dugong Beach has better anchorage than Sawmill Beach, but is suitable for shallow draft vessels only. Care must be taken to avoid coral bommies, particularly at low tide.
Sawmill Beach	W2	🚰 🚿 🚻 🚰 🚿 🚻	Sand	Picnic area nestled in vine forest. Walking tracks lead to Dugong Beach and Whitsunday Peak.
Naris Beach	W3	🏠 🚰 🚿 🚻 🚰 🚿 🚻	Sand	Camping area sits under rainforest canopy, tucked against a steep hill. It has outstanding views of Cid Island. Reef line close to shore with good access at mid to high tide.
Joes Beach	W4	🏠 🚰 🚿 🚻 🚰 🚿 🚻	Sand	Secluded camping area with outstanding views of Cid Island. Fringing reef exposed at low tide. Boat access at mid-high tide.
Chance Bay	W5	🏠 🚰 🚿 🚻 🚰 🚿 🚻 🚰 🚿 🚻	Sand	Elevated camping area with views extending to Pentecost Island, Lindeman group and Cape Conway. Boat access at mid to high tide. Difficult to access in south-easterly winds but is good anchorage during northerly winds.
Whitehaven Beach	W6	🏠 🚰 🚿 🚻 🚰 🚿 🚻 🚰 🚿 🚻	Sand	Spectacular white sands with camp sites nestled in lowland vine forest and eucalypt woodland. Has views to Haslewood Island. Boat access at all tides.
Cairn Beach	W7	🏠 🚰 🚿 🚻 🚰 🚿 🚻 🚰 🚿 🚻	Rubble	Surrounded by mountains and excellent views from the Whitsunday Cairn track to Border and Dumbell islands. A large intertidal sand and rock flat is fed by a winding creek behind the beach. Shallow draft boat access. Poor anchorage; use public moorings. Kayaks are perfect.
<b>Hook Island</b>				
Maurens Cove	W8	🏠 🚰 🚿 🚻 🚰 🚿 🚻	Rubble	Camping area sheltered by pandanus and backed by small creek. Bay offers excellent snorkelling and anchorage. Anchoring is not permitted inside the cove's reef protection markers. Shallow draft boat access at mid to high tide. Poor anchorage. Perfect for kayaks.
Steens Beach	W9	🏠 🚰 🚿 🚻 🚰 🚿 🚻 🚰 🚿 🚻	Sand	Camping area set behind the beach and overlooks Hayman Island. A small reef flat provides good snorkelling. Restrictions apply 1 Oct to 31 Mar each year.
Curlew Beach	W10	🏠 🚰 🚿 🚻 🚰 🚿 🚻 🚰 🚿 🚻	Sand	Camping area backed by rainforest. Accessible at mid to high tide by shallow draft vessels only. Sheltered anchorage next to camping area.
Crayfish Beach	W11	🏠 🚰 🚿 🚻 🚰 🚿 🚻 🚰 🚿 🚻	Sand	Outstanding beauty with extensive reef flat. Camping area sheltered by large rocky headland. Accessible at mid to high tide by shallow draft vessels only. Sheltered anchorage next to camping area.
Manta Ray Bay	W12	🚰 🚿 🚻 🚰 🚿 🚻	Rubble	Excellent diving from boat, small beach with no camping. Use public moorings. Anchoring prohibited in the bay.
Butterfly Bay	W13	🚰 🚿 🚻 🚰 🚿 🚻	Sand	Excellent snorkelling/diving from boat. Use public moorings. Anchoring prohibited in the bay.
Black Island	W14	🚰 🚿 🚻 🚰 🚿 🚻	Sand	This is a popular site for snorkelling/diving, especially at high tide.
<b>Langford Island</b>				
Langford Spit	W15	🚰 🚿 🚻 🚰 🚿 🚻	Sand	Good snorkelling/diving and short walking track with view. All tide access.
<b>Border Island</b>				
Ceteran Bay	W16	🚰 🚿 🚻 🚰 🚿 🚻	Sand	Popular snorkelling/diving site and walking track with great views. All tide access.
<b>Haslewood Island</b>				
Stockyard/Chalkies	W17	🚰 🚿 🚻 🚰 🚿 🚻	Sand	White sands. Poor anchorage. Moorings may assist.
<b>Henning Island</b>				
Northern Spit	W18	🏠 🚰 🚿 🚻 🚰 🚿 🚻	Sand	Backed by closed forest canopy. Accessible at all tides, very poor anchorage though moorings assist.
Deloraine Island	W19	🚰 🚿 🚻 🚰 🚿 🚻	Rubble	A more remote day-visit site that is popular for snorkelling.
<b>Hayman Island</b>				
Blue Pearl Bay	W20	🚰 🚿 🚻 🚰 🚿 🚻	Rubble	Good snorkelling/diving site.

**Legend**  
●●●●● Whitsunday Ngaro Sea Trail walking track

⚠️ Whitsunday Cairn and Whitsunday Peak tracks are difficult to traverse and can be slippery in wet weather. You must be well prepared, take plenty of water, have a good level of fitness and wear ankle-supporting footwear to safely complete these tracks.



Pulling up on Whitehaven's shore after an exquisite morning's paddle.

Photo: Justin Heitman © Qld Govt



View the Molle Islands—verdant dots amid the ocean blue.

Photo: © Tourism and Events Qld

## Whitsunday Ngaro Sea Trail



Sail, kayak or cruise to islands with pure-white sands and stroll through windswept grasslands up to rugged headlands for breathtaking views.

Start your Whitsunday Ngaro Sea Trail adventure from Airlie Beach or Shute Harbour and travel an extraordinary blend of seaways and walks spanning Whitsunday, South Molle and Hook islands. You can book your national park camping online at [qld.gov.au/Camping](http://qld.gov.au/Camping)



Take in the Whitsunday beauty from tiny everlasting daisies to the grand views from the Molle Islands' walking tracks.

Photos: (above left) Mick Barrett © Qld Govt; (above) Justin Heitman © Qld Govt



## Molle Islands National Park

### Must dos

- Cruise along the mountain bike trails, then walk to the lookout at Spion Kop.
- Walk up to Mount Jeffreys.
- Look for passing whales.

### Getting there

Molle Islands National Park is 10km east of Shute Harbour. Access is by private or hire boat from Airlie Beach or Shute Harbour. Some companies drop off and collect campers, bushwalkers and mountain-bike riders. Walking tracks and shared trails on South Molle Island can be accessed from Bauer Bay or Sandy Bay camping area. Access from Paddle Bay is by walking only. Long Island walking tracks are accessed from either Happy Bay or Palm Bay.

Head over to this bushwalkers' paradise with superb views over picturesque island landscapes.

Pull on your boots and wander through South Molle's grasstree-studded grasslands or past ancient Ngaro stone quarry relics up to Spion Kop. Start a mountain-bike adventure on 14km of tracks catering for beginners and intermediate riders. Go snorkelling off the beach on South Molle's Sandy Bay or grab the fishing gear and head to the large camping area near Cockatoo Beach on North Molle Island.



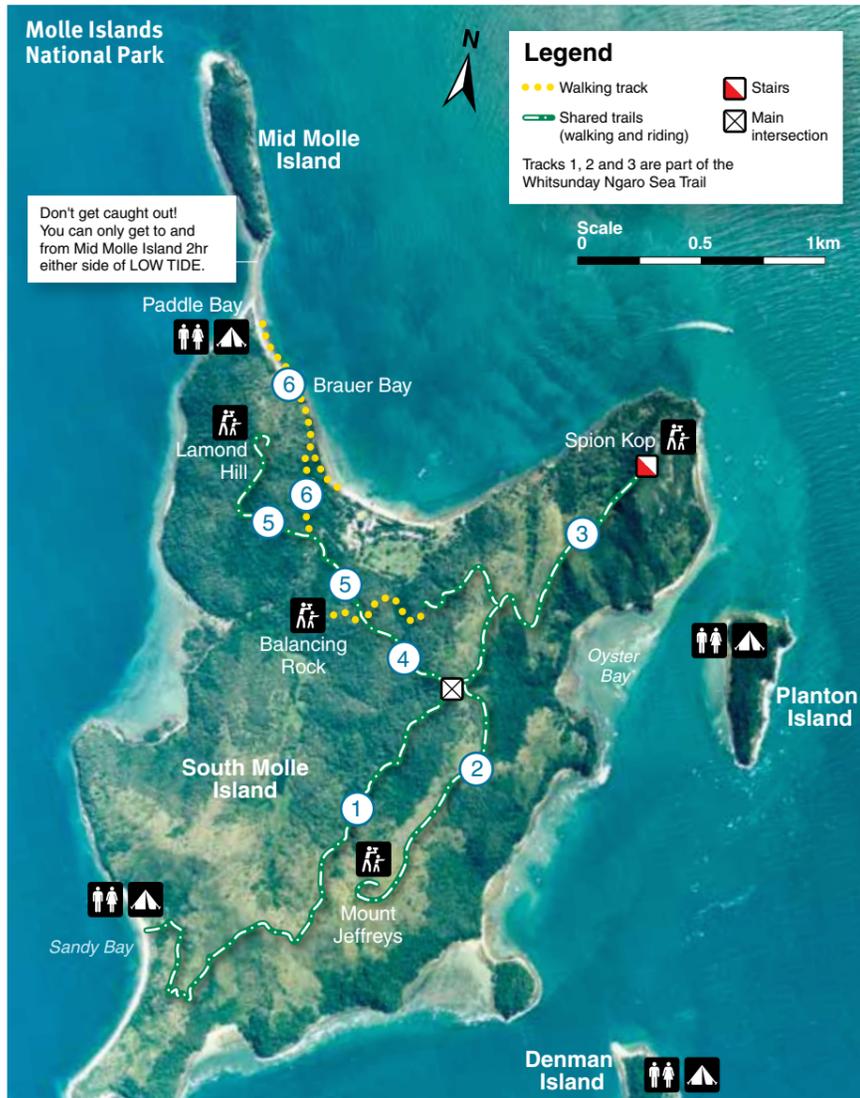
Look out for passing whales. Photo: Justin Heitman © Qld Govt

### Places to camp

Set up camp, then stroll on long sandy beaches, relax with a good book or just doze the afternoons away at one of the many camping areas on the Molle Islands. Relish quiet camping on

Denman Island or Planton Island, where only one group with up to 6 people are allowed at one time. Be self-sufficient on Tancred Island with no facilities, where it's quiet camping and quite wonderful.

Island and site name	Map ref. (p4)	Facilities and activities	Beach type	Further information
<b>Molle Islands National Park</b>				
South Molle Island Sandy Bay	M1	[Icons: tent, person, wheelchair, dog, bicycle, boat, picnic table, fire, shelter, bin, toilet]	Rubble	Good open camping area for bushwalkers with a pleasant beach fringed with casuarinas. Site readily accessible at mid to high tides.
Paddle Bay	M2	[Icons: tent, person, wheelchair, dog, bicycle, boat, picnic table, fire, shelter, bin, toilet]	Rubble	Camping area backed by rainforest and overlooking Daydream Island. Access to track system only possible at low tide. Access site via boat at mid to high tides.
North Molle Island Cockatoo Beach	M3	[Icons: tent, person, wheelchair, dog, bicycle, boat, picnic table, fire, shelter, bin, toilet]	Sand	A number of large camp sites around the forest edge. Tides limit access. Anchorage off the beach is not recommended.
Planton Island	M4	[Icons: tent, person, wheelchair, dog, bicycle, boat, picnic table, fire, shelter, bin, toilet]	Rubble	Secluded camping area set in dry rainforest behind the beach. Access is by boat at all tides, but anchorage off the beach is not recommended as it is exposed to winds and currents. You must pull your boat up onto, and anchor on, the beach.
Denman Island	M5	[Icons: tent, person, wheelchair, dog, bicycle, boat, picnic table, fire, shelter, bin, toilet]	Rubble	Small, quiet camping area set in dry rainforest above the shore. Set in a marine park green zone, so look but don't take or disturb anything. Pull your boat up onto and anchor on the beach. Offshore anchorage is risky due to winds and currents.
Tancred Island	M6	[Icons: tent, person, wheelchair, dog, bicycle, boat, picnic table, fire, shelter, bin, toilet]	Sand	A very private camping area with Shute Harbour hidden from view by Repair Island. Accessible by small boat though care should be taken on the fringing reefs at mid to low tide. Pull boats up onto and anchor on the beach.
Long Island Sandy Bay	M7	[Icons: tent, person, wheelchair, dog, bicycle, boat, picnic table, fire, shelter, bin, toilet]	Sand	A small secluded beach lined with mangroves and backed by rainforest. Walking track departs from the camp site, allowing you to explore Long Island. Only shallow draft small craft can access the beach during mid to high tide.



It's all about walking, riding and views, views, views on South Molle Island.  
Photo: Adam Creed © Qld Govt

## Places to go

### South Molle Island

#### ① Sandy Bay

4.2km one way. Allow 2hr walking, 30min riding.

A fantastic outing through patches of native grasslands studded with grasstrees and a beach lined with weeping, coastal casuarinas.

#### ② Mount Jeffreys

4km one way from Sandy Bay. Allow 2hr walking, 30min riding.  
3km one way from Brauer Bay. Allow 1–1.5hr walking, 30min riding.

Take this gradual slope to Mount Jeffreys, South Molle's highest point, and enjoy a sensational 360 degree view of the Whitsunday islands and mainland.

#### ③ Spion Kop

4.2km one way from Sandy Bay. Allow 2hr walking, 50min riding.  
2.3km one way from Brauer Bay. Allow 2hr walking, 30min riding.

Walk or mountain-bike ride to lookouts over Whitsunday Passage. Walking access only from the set of stairs leading to Spion Kop.

#### ④ Balancing Rock

2km return. Allow 1hr.  
Walk through to Balancing Rock, perched in eucalypt forest, for views across South Molle's vegetation patchwork.

#### ⑤ Lamond Hill

4.4km one way from Sandy Bay. Allow 2hr walking, 45min riding.  
3.3km one way from Brauer Bay. Allow 1.5hr walking, 45min riding.

Enter from the western end of Brauer Bay and journey uphill—moderately steep—to overlook the mainland's ranges.

#### ⑥ Paddle Bay

2.2km return. Allow 1hr.  
Meander from Brauer Bay Beach to a coral beach, where at low tide you can walk to Mid Molle Island. Don't get caught out! You only have about 4hr to complete the walk as access is tide related—that is 2hr before and 2hr after low tide!

Enjoy a good 'leg-stretch' of a walk on the Sandy Bay track, through a spectacular grasstree-studded landscape.

Photo: Adam Creed © Qld Govt



### Long Island

#### Long Island circuit

3.5km circuit. Allow 1.5hr.  
Have a happy day from Happy Bay on the only Long Island track with spectacular viewpoints.

#### Pandanus Bay

900m return from Palm Bay. Allow 30min.  
1.5km from Happy Bay. Allow 1hr.  
Walk across the narrow island neck to a pandanus-lined rocky beach.

#### Humpy Point

1.2km return from Happy Bay. Allow 30min.  
2.6km return from Palm Bay. Allow 1hr.  
Need to stretch your legs? Take a wander through shady, dry rainforest thicket—an intriguing plant community.

#### Sandy Bay

5.8km return from Palm Bay. Allow 3hr.  
8.2km return from Happy Bay. Allow 4hr.  
Pack a lunch and take this gently-climbing track, which eventually ends at a small secluded beach.



Take time to take it all in; golden fungi, golden orb spiders and golden memories.  
Photos (clockwise from bottom): Justin Heitman © Qld Govt; Mike Korotcoff © Qld Govt; © Qld Govt



You'll love this view from Spion Kop. It's worth every uphill step you take to get there.  
Photo: Justin Heitman © Qld Govt



Breathtaking views from Lindeman Island across to Neck Bay and Shaw Island.

Photo: © Tourism and Events Qld

## Lindeman Islands National Park

### Must dos

- Enjoy an early morning walk up Mount Oldfield for endless island views.
- Go for a snorkel, a dive or just splash about in the waters offshore.

### Getting there

Lindeman Islands National Park is 35km south-east of Shute Harbour. Access to the islands is by private boat from Airlie Beach or Shute Harbour.

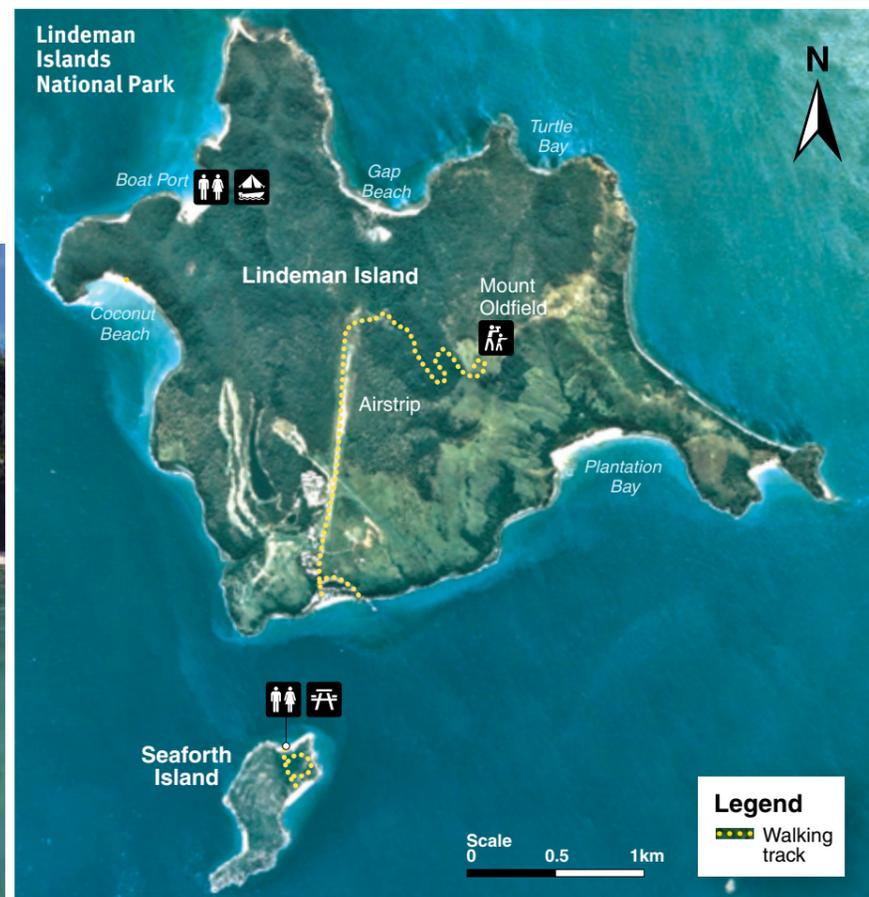
📷 Sit under a cool forest canopy or splash about in the inshore shallows around Lindeman Island.

Photos: (above right) Justin Heitman © Qld Govt; (below) © Tourism and Events Qld



Set sail for this picturesque group of islands formed from ancient volcanic origins, now settled into a serene landscape.

This is 'Country' for the Ngaro people, who named Lindeman Island 'Yara-kimba'—the place of snapper-bream fish. The island group includes 13 other islands including nearby Seaforth, Thomas and Shaw islands, and features the 212m high Mount Oldfield.



### Things to do

Hit the water for a swim or snorkel off one of the many beautiful island beaches. Cast a line off Lindeman, Seaforth or Thomas islands and catch dinner fresh from the sea. Head to the wetlands of Lindeman Island to see lots of birds or catch a glimpse of a shy bush stone curlew around the beaches.

### Places to camp

Enjoy remote camping at Lindeman Island's **Neck Bay**—a vegetated sand spit between 2 former islands—especially if you're kayaking, or camp on the beach at **Boat Port** overlooking a bay once used to clean sailing vessels. Remember! Book your national park camping online at [qld.gov.au/Camping](http://qld.gov.au/Camping)

### Places to go

#### Lindeman Island

🚶 **Mount Oldfield track**, 7.2km return. Allow 3.5hr.

Start this steady climb near the jetty and walk through open eucalypt forest, thick vine forest and grassland. You'll be staggered by the magnificent views in every direction.



📷 Clockwise from below left: Bush stone curlew and chick trying hard to blend into their surroundings. Staggering view to Shaw Island from Lindeman's Mount Oldfield track. Pitch your tent on Lindeman and stay a few days.

Photos (clockwise from below left): Lisa Scott © Qld Govt; Adam Creed © Qld Govt; Sue Olsson © Qld Govt



Island and site name	Map ref. (p4)	Facilities and activities	Beach type	Further information
<b>Lindeman Islands National Park</b>				
<b>Lindeman Island</b> Boat Port	L1	🏠 🚻 🚰 🚶 🚣 🚣	Sand	Quiet camping area backed by rainforest. Boat access at mid to high tide, with good anchorage.
<b>Seaforth Island</b> Orchid Beach	L2	🚻 🚰 🚶 🚣	Sand	A 500m track joins Orchid Beach to Esme Beach. Tunnel through open vine forest before emerging from beach scrub to take in views to Lindeman Island.
Esme Beach	L3		Sand	Quaint windswept beach faces southeast. Walking track to headland offers scenic views.
<b>Thomas Island</b> Naked Lady Beach	L4		Sand	Protected by its northerly aspect, enjoy views to Shaw Island's rocky outcrops.
<b>Shaw Island</b> Neck Bay	L5	🏠	Sand	This site is sheltered by dry rainforest and has wonderful views and sunsets over Lindeman Island. Access limited to mid to high tide. Access to beach and restrictions to behaviour apply from 1 October to 31 March every year.



📷 View a dusky dawn over the islands after an early morning walk up to Mount Oldfield.

Photo: © Tourism and Events Qld



Take in excellent views over Shute Harbour to a part of Conway National Park.

Photo: © Kim Finlay

## Conway National Park

### Must dos

- Walk the Kingfisher circuit and Wompoo way and spot some brilliant rainforest birds.
- Absorb the views over the azure waters of Whitsunday passage from Coral Beach and The Beak lookout.
- Save a day for the island parks off Airlie Beach or choose a tour that suits you best. Your choice is almost unlimited—plane charter, boat tour, jet-ski tours, fishing tours and canoe tours.

### Getting there

Conway National Park is 30km east of Proserpine, between Airlie Beach and Shute Harbour. Turn off the Bruce Highway just north of Proserpine, or 45km south of Bowen, then travel 26km to Airlie Beach on the Gregory–Cannon Valley Road. There is no national park access from Conway Beach township. From Airlie Beach, follow Shute Harbour Road south-east to Conway National Park day-use area.

### Ranger tip

“Don’t rush! Plan your day to allow enough time to relax and enjoy the views. You’ll need sturdy footwear, big-brimmed hat, high-energy food and at least 2 litres of water for each person if you’re tackling any of the uphill tracks.

### Explore this peaceful part of the coastal mainland featuring secluded beaches and panoramic outlooks over the scenic Whitsunday area.

Rising above the busy coastal strip, Conway Range’s rainforests have provided a valuable refuge for 23 rare, threatened and endemic wildlife species. Conway, and its conservation parks, protect the State’s largest remnant of tropical rainforest outside the Wet Tropics of Queensland World Heritage Area.

### Things to do

Take a stroll to Coral Beach or give your legs a workout on uphill hikes for picturesque island views. Get the mountain bike ready and explore the Coastal Fringe circuit or, for a real work-out, the Conway circuit with overnight camps.

Wildlife is everywhere you look, from the iridescent blue flash of the exquisite Ulysses butterfly to orange-footed scrubfowls raking through the leaf litter. Listen for the descending trill of the buff-breasted paradise-kingfishers. They’re only around from November to March, coming here to nest in termite mounds.



Ulysses butterfly  
Photo: © Tourism and Events Qld

Coral Beach looking out to North Molle Island. Yes, it really is all crushed coral.  
Photo: Adam Creed © Qld Govt



### Places to camp

#### Conway circuit camping areas



Repulse Creek and Bloodwood are simple bush camps on either side of the Conway circuit track. Walking and riding is difficult due to the steep gradients in parts. Bloodwood offers good views of the islands. Water tanks are 200m past Bloodwood camp.

### Places to go

#### Coastal tracks



#### Coastal Fringe circuit

1.2km circuit.  
Allow 45min walking, 15min riding.  
Start at Conway National Park day-use area and walk or ride around the circuit track. There’s a small tidal creek to cross.



#### Hayward Gully

3.2km return.  
Allow 1.5hr walking, 30min riding.  
Follow the Hayward Gully circuit, off the Coastal Fringe circuit to lowland rainforest and rocky gullies.



#### Swamp Bay

4.2km return.  
Allow 1.5hr walking, 30min riding.  
From Mount Rooper car park, walk around the foot of Mount Rooper to Swamp Bay. It’s beautiful at high tide and in mid-winter, when there’s fewer mosquitoes and midges. Bring lots of drinking water and energy snacks, as it’s a hot, hard walk.

#### Tracks around Mount Rooper

The Mount Rooper track junction—200m along the Swamp Bay track—provides 4 walking options. Be prepared—sturdy shoes, heaps of water, insect repellent and sun protection.



#### Mount Rooper lookout

4.6km return. Allow 2.5hr.  
Take a challenging uphill walk through woodland plant communities. Soak up the panoramic vista of the Whitsunday Passage and islands. Return the same way you came.



#### Mount Rooper circuit

5.4km circuit.  
Allow 3.5hr walking, 1hr riding.  
Continue on from Mount Rooper lookout and catch incredible views to Daydream and North Molle islands. Head downhill to join the Swamp Bay track, then turn left to return to the car park.



#### Mount Rooper circuit and Swamp Bay

7.2km circuit.  
Allow 1 day walking, 1.5hr riding.  
Spend a whole day walking on both the Mount Rooper circuit and Swamp Bay tracks. Swamp Bay is best at high tide and mid-winter.



#### Coral Beach

2.2km return. Allow 1.5hr walking.  
Enjoy a fantastic, family day walk to Coral Beach, with glorious views across the Whitsunday Passage. To get there, drive towards Shute Haven and park just off the road near the Coral Beach track entrance. The beach is exposed and on hot days can be sweltering.



#### The Beak lookout

3.4km return from Coral Beach track car park. Allow 2.5hr.  
Take the Coral Beach track and head towards the eastern end of the beach. Continue on a moderate climb for 600m to The Beak lookout.

### Tracks around the Conway Range



#### Kingfisher circuit

2km return. Allow 45min–1.5hr.  
This is a great walk for the family, although strenuous, and is a Ranger’s favourite. It starts at the Forestry Road car park. After many stairs, you’ll rejoin the main track—a shared-use track (walkers and riders)—to return to the car park.



#### Wompoo way

7km return.  
Allow 3.5hr walking, 45min riding.  
Start at the Forestry Road car park, then follow the Conway circuit for 2.3km before turning left onto Wompoo way. Wander past a trickling creek to reach a beautiful waterhole.



#### Honeyeater lookout

8.2km return.  
Allow 3–4hr walking, 2hr riding.  
This rugged track is a favourite for those up for a fitness challenge, both walking and riding. Known as a good ‘leg-stretch’ of a walk, with some gradients being up to 35° within the first 2km, it’s strenuous in parts, exposed and hot, but the views are worth every step. Start at the Conway circuit track entrance near Kara Crescent in Airlie Beach. The turn-off to the lookout is 2.3km along this track and it leads to a ridge and lookout with views over Cannonvale and the Whitsunday islands.



View from Mount Rooper overlooking Long Island with Conway National Park (middle right).  
Photo: Adam Creed © Qld Govt



## Conway circuit



27.1km one way.

Allow 3 days walking, 4hr riding.

Pack up for 3 days of serious walking or riding and 2 nights of camping-in-the-rough and under the stars. There are 2 entry points—Forestry Road car park and near the top of Kara Crescent in Airlie Beach.



### Forestry Road–Impulse Creek section

4.5km one way.

Allow 1.5hr walking, 40min riding.

9km return.

Allow 2.5hr walking, 1hr riding.

Walkers! Why not include the Kingfisher circuit, a delightful deviation that only extends your walk by 45min. Another side track, well worth the effort, is Wompoo way, but you must return along the same track to rejoin the Conway circuit.

The track gets considerably rougher after Impulse Creek crossing, so if you're only doing a day walk head back from here.



### Impulse Creek–Repulse Creek camp section

3.5km one way.

Allow 1hr walking, 20min riding.

Go carefully as the track is somewhat rougher with many steep sections and crosses minor creeks. Enjoy the walk, but leave enough time to get to Repulse Creek camp well before nightfall.



### Repulse Creek camp–Bloodwood camp section

11.5km one way.

Allow 5–6hr walking, 3hr riding.

Follow the coastal ridge towards Airlie Beach and tackle a long, steep, challenging climb to reach Hayward lookout near the summit of Mount Hayward. Stop for some great views and cool breezes from here, but continue along the ridge to Bloodwood camp. Water tanks are 200m past the camp.



### Bloodwood camp–Airlie Beach section

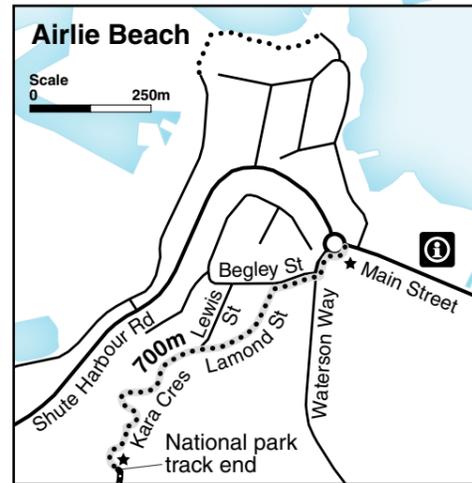
8.5km one way.

Allow 3.5–4.5hr walking, 3hr riding.

This is the steepest and most difficult section of all. On a clear day, it is well worth adding an extra 1.5hr walking on a side track—not as steep—to the Honeyeater lookout with views beyond Cannonvale to the Dryander Range and out to Whitsunday Islands. Go back to the Conway circuit and walk downhill through sections of grasstrees, cycads and eucalypts to Airlie Beach. The track actually ends near Kara Crescent, but check the map insets and continue another 700m downhill into Airlie Beach.

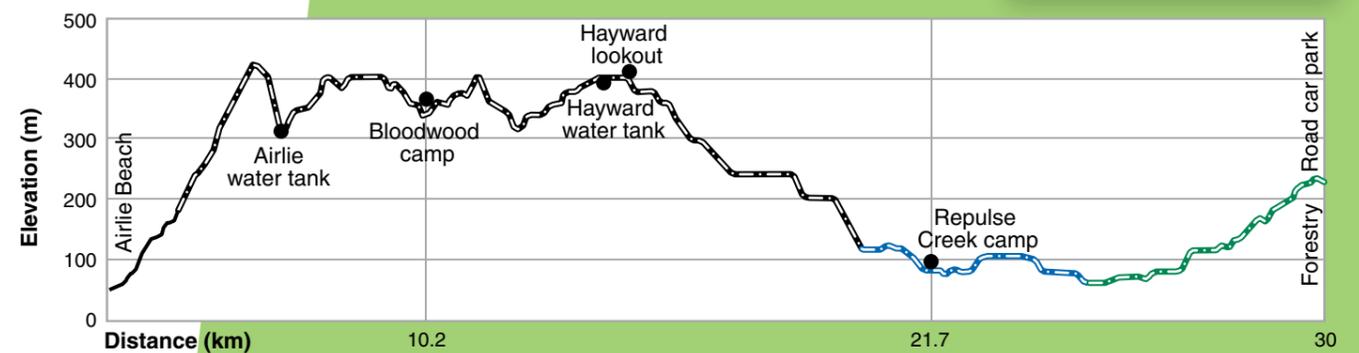
## Important things to know

- This walk is only suitable for fit, well-prepared walkers, campers or mountain-bike riders, as the many long, steep sections are strenuous.
- Choose the cooler months of the year.
- Bike riders; expect many steep sections on each leg of this track.
- Drink plenty of water! There are 4 water tanks along the track; fill your water containers at every opportunity, but please ensure taps are turned off and treat the water before drinking.
- Campfires are prohibited. Carry a fuel stove for cooking.
- Carry all rubbish out with you.
- Get your camping permit online at [qld.gov.au/Camping](http://qld.gov.au/Camping)



Above: Cool off at Repulse Creek and sit a while. Right: Buff-breasted paradise-kingfisher.  
Photos: (above) © Qld Govt; (right) © Ray Viljoen

## Conway circuit track profile





Capture dream views like this one looking over to Gloucester Island.

Photo: Adam Creed © Qld Govt

## More top spots

- Must dos**
- Splash about in the year-round warm, aqua waters of Bona Bay on Gloucester Island.
  - Swim with manta rays feeding along the islands, generally May to September.
  - Boat slowly and catch a glimpse of dolphins or dugong.



The Whitsundays. What a place! Home to Proserpine rock-wallabies on land and graceful manta rays under water. Photos: (above) Kay Kunze; (right) © Mark Simmons

Escape to small uninhabited tropical locations and relax on golden sand, with not another soul in sight.

## About the parks

### Gloucester Islands National Park

The mainland locals say this is a 'must-see' stop-over. Choose from camping areas on Armit, Saddleback and Gloucester islands. Gloucester Island is the largest island in the group and, like Dryander National Park, is home to endangered Proserpine rock-wallabies.

**Getting there**  
**Gloucester Islands National Park** lies directly north of Cape Gloucester, 37km north-west of Airlie Beach. Access is only by private boat from Airlie Beach or Dingo Beach.

### Repulse Islands National Park

Despite the name, this is a beautiful group of islands. The three-island group was named by Lieutenant James Cook in 1770, when he felt repulsed to find the bay was not, as he suspected, a passage north. Seabirds love nesting here, so there's an annual closure from 1 October to 31 March, to protect them. There is a small, no-facilities camping area on South Repulse Island. With only 12 campers allowed per night, you'll enjoy a quiet camping experience.

### Getting there

**Repulse Islands National Park** is 35km south-south-east of Airlie Beach. The islands are close to the mainland with several boat ramps nearby, including Shute Harbour and Abel Point Marina. Access to the park is by private boat only.

### Dryander National Park

Enjoy views over the scenic Whitsunday islands from this large coastal park just north of Proserpine, which protects important habitat for the endangered Proserpine rock-wallaby.

### Getting there

Although **Dryander National Park** is on the mainland, it is three nautical miles (13km) north of Airlie Beach, accessible only by boat from Airlie Beach or Dingo Beach.

### Grimston Point camping area

Large camping area for boaties. Boat access only on all tides for smaller vessels. Has good anchorage.

### Holbourne Island National Park

Go to the very north of the Whitsundays for a rare treat. Holbourne Island is isolated and some say undeniably one of the most beautiful of the Whitsunday islands. There's a small pisonia forest near the shore—an oddity on this, a continental island. There's breeding seabirds and it's an important green and flatback marine turtle nesting site.

### Getting there

**Holbourne Island National Park** is 29km north-north-west of Gloucester Island, accessible only by private boat.



Left: A sooty tern finds some shade on the beach. Below: Snorkel and you might spy a gentle dugong feeding on seagrass off Dryander's shore. Bottom: Typical Proserpine rock wallaby habitat in Dryander National Park. Photos: (left and below) © Commonwealth of Australia (GBRMPA); (bottom) © Qld Govt



Island and site name	Map ref. (p4)	Facilities and activities	Beach type	Further information
<b>Gloucester Islands National Park</b>				
<b>Gloucester Island</b> Bona Bay	G1		Sand	Camping area is large and shaded with ample space for secluded camping. Good anchorage accessible on all tides.
East Side Bay	G2		Sand	Between 2 rocky headlands, this camping area is set in vegetation behind the beach and next to a seasonal freshwater lagoon. The east-facing beach is steep with unreliable anchorage.
<b>Saddleback Island</b>	G3		Sand	Camping area offers a wilderness experience. Reasonable anchorage for small boats accessible on all tides. Be aware of current.
<b>Armit Island</b>	G4		Sand	Camping area suitable for small groups. Good anchorage accessible in all tides. Help protect migratory seabirds and stay off and away from Little Armit Island and Armit Island's southern beach during the seasonal restriction from 1 October and 31 March (inclusive) each year.



Set sail for a boating adventure in the beautiful Whitsundays.

Photo: © Tourism and Events Qld

## Boating in the Whitsundays



Above: Snorkeling is a great way to see the underwater beauty. Right: You might be lucky to see a whale mother and calf scooting past.  
Photo: (above) © Tourism and Events Qld; (right) Adam Creed © Qld Govt

Set sail with the wind in your hair, then plunge into turquoise waters to swim, snorkel and dive. To help protect the Whitsundays, follow these guidelines and restrictions during your boating visit.

### Use public moorings

Public moorings are provided throughout the Whitsundays to help protect fragile reefs. There are 5 mooring classes marked by colour-coded bands that cater for different vessel lengths and wind speeds. Always use a public mooring where available.

	Maximum vessel length	Maximum wind speed
◆	6m - tender only	24 knots
◆	10m - monohull 9m - multihull	24 knots
◆	20m - monohull 18m - multihull	34 knots
◆	25m - monohull 22m - multihull	34 knots
◆	35m - monohull 30m - multihull	34 knots
△	Reef protection marker (RPM)	

“ The Whitsundays has a wonderful public moorings set-up. It means, if you are coming to the area with your own vessel, you can help to protect the corals from anchor damage by using the free public moorings. And as an added bonus, you can sleep soundly and not worry about your anchor during the night.  
*Ranger Kay*

### Observe ‘no anchoring areas’

Some Whitsunday reefs are particularly vulnerable to anchor damage and are protected in ‘no anchoring areas’. White pyramid-shaped reef protection markers indicate most locations. Never anchor inside a ‘no anchoring area’ or inshore of the buoy line, and never attach your vessel to a reef protection marker.

### Go slow for those below

The islands and surrounding reefs are home to marine animals, such as turtles, dugong, dolphins and whales.

- Always watch out for marine animals and avoid boat strike.
- If you see a sick or dead marine animal please call the Wildlife Hotline 1300 130 372.

### Watching whales

Humpback whales visit the Whitsunday area between May and September during their annual breeding migration. Calving and mating is a particularly vulnerable time for these charismatic creatures, and special rules are in place to limit potential tourist impacts. For their safety and yours, vessels must not approach closer than 300m of a whale in the Whitsundays Whale Protection Area, as marked on a marine park zoning map.

### Know your zones

The Whitsundays are in a marine park zone, which allows certain activities in some areas—with or without a permit—but prohibits them in others. Zoning maps are available from many local outlets, from Queensland Parks and Wildlife Service (QPWS) offices and online at [gbrmpa.gov.au/zoning-permits-and-plans/zoning/zoning-maps](http://gbrmpa.gov.au/zoning-permits-and-plans/zoning/zoning-maps)

The maps include public moorings and anchoring areas. You must always check for regulations, and specifically note the ‘designated water sports areas’ and the pink zone—i.e. no-go and no-take rules all year—that covers **Eshelby** and **Little Eshelby** islands.

### Protect nesting coastal birds and sea turtles

From October to April, sea turtles and thousands of coastal birds migrate to the Whitsundays to breed. Observe restrictions to nesting sites and activities to help protect them.



Nesting or roosting sea birds are easily disturbed, depleting their energy reserves vital for their successful return migration.

Photo: © Kay Kunze

### Significant site protection—access restrictions

Island	Period of restriction
Bird Island	All year
East Rock	
Edwin Rock	
Eshelby Island (pink zone: no-go and no-take)	
Little Eshelby Island (pink zone: no-go and no-take)	
Armit Island (south beach)	Between 1 October and 31 March (inclusive)
Double Cone Island (west island)	
Grassy Island (south beach)	
Little Armit Island	
Olden Rock (south of Olden Island)	
Shaw Island (beach east of Burning Point)	
South Repulse Island (west beach, excluding campsite)	
Whitsunday Island, Steens Beach	

### Significant site protection—regulations

- You must keep to a six knot speed approximately within 200m of the low water mark.
- No aircraft are allowed below 1,500 feet (above ground or water), or to approach within 1,000m.
- Stay out of the boat-free zones—that is approximately 200m around the following islands between 1 October and 31 March each year.
  - East Rock
  - Edwin Rock
  - Olden Rock (south of Olden Island)
- Stay out of intertidal beaches that are closed temporarily to protect endangered wildlife.

Go slow for those below. Dugong mother and calf spend at least 2 years together.  
Photo: © Commonwealth of Australia (GBRMPA)





The shifting sands around Hill Inlet and Whitehaven Beach offer different views almost every day.

Photo: Dave Harper © Qld Govt

## Journey wisely

### Packing checklist

- Adequate drinking water, food and emergency supplies.
- Complete first-aid kit suitable for remote and/or marine situations.
- Detailed maps showing travel routes and distances.
- GBRMPA zone map MPZ10 for boaties.
- Sturdy rubbish bags and/or sealable, animal-proof containers. No bins are provided.
- Topographic map, compass and personal location beacon (PLB) for long distance walking.



### Camping

- Book well in advance. Camp sites in popular parks book out quickly, especially in peak periods.
- Book online at [qld.gov.au/Camping](http://qld.gov.au/Camping) or over-the-counter at QPWS office, corner of Mandalay and Shute Harbour Roads, Airlie Beach (open 9am–4.30pm Mon–Fri).
- No generators.
- No ash-producing barbecues.
- Bring fuel stoves for cooking.
- Treat any water collected from tanks or watercourses, before drinking.



### Be safe

In an area surrounded by water, swimming is a much-loved activity. If you choose to swim, you are responsible for your own safety. There are dangers.

**Be croc-wise!** Estuarine crocodiles live in some areas of the Whitsundays. Always stay alert, stay with your children, secure food and rubbish and camp away from the water. Take care particularly around near-shore islands, such as the Molle island group.

**Be shark-wise!** Cid Harbour, on the western side of Whitsunday Island, is a known site for shark attacks. But sharks are present at all times of the year in the open ocean, estuaries, freshwater canals and streams. Search for 'Swimmer safety' on [daf.qld.gov.au](http://daf.qld.gov.au)

Seek medical attention if stung by marine stingers. They are prevalent from November to May but may be present all-year. Wear suitable protective clothing (stinger suit) and carry vinegar as first aid to treat a sting.

Never swim alone and stay out of strong currents. There are no lifesavers at any Whitsunday beaches.



**!** Avoid touching stinging trees. Brushing up against stinging tree leaves or fruit is extremely painful.

### Stinging trees

Tiny, hollow, needle-like hairs on their heart-shaped leaves pierce your skin, break off and release an irritant poison. There's intense, often long-lasting pain at the site and some effects can last for months. Rubbing the site and pouring water over it makes it worse! Seek treatment if badly affected.



This shrub—Gympie-Gympie (*Dendrocnide moroides*)—is one of the 2 north Queensland stinging trees that really do pack a 'sting'.  
Photo courtesy Queensland Herbarium; Jeanette Kemp © Qld Govt

### Cyclones, storms and tides

- Stay informed of the weather—cyclone season is November to April; storms anytime.
- Never set out walking, riding, swimming or boating if a storm (or cyclone) is close.
- Be prepared—Islands may be evacuated well in advance of a cyclone making land.
- Tides and currents affect various passage and channel crossings differently—don't take risks, use maps and get local information.

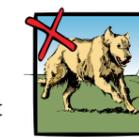
### Be responsible

- **Be pest-free!** Make sure all camping equipment, backpacks, clothes, shoes and supplies are free of seeds, cane toads, geckoes, insects (including ants and their eggs) and soil.
- Leave nothing behind. Take plastics, food scraps, cigarette butts, sanitary and hygiene items, out of the parks and off islands and dispose of them responsibly.
- Bush toileting? Bury and cover waste and used paper.
- Stay away from nesting shorebirds.
- Never clean fish or throw fish waste overboard or from the beach.



### Did you know?

- Never feed or leave food available for wildlife. Penalties apply.
- Domestic animals are prohibited in all island and mainland national parks and beaches, and intertidal areas adjacent to island national parks in the Whitsunday area. Penalties apply.
- Careless anchoring and kicking damages corals. Don't touch corals with fins. Anchor and stand on sand next to corals.
- Boaties, go slow for those below—boat strike can kill turtles, whales and dugong.



### Be careful

- Never walk or bike ride alone.
- Plan everything you do according to your fitness level.
- Wear sturdy boots, sun protective clothing and insect repellent.
- Travel light and pack smart.
- Don't let the tides or time catch you out.
- Always inform family or friends of your planned itinerary.
- Carry navigation and communication equipment—mobile phone (although reception is limited), satellite phone, marine radio and/or a Personal Locator Beacon (PLB).
- Drink plenty of water and eat energy foods to sustain you on the more strenuous tracks.

### Know your limits

#### Track and trail classifications

Grade	Symbol	Suits	Track description
2		Families with young children	Track has a hardened or compacted surface and may have a gentle hill section or sections and occasional steps.
3		People with some bushwalking experience	Track may have short steep hill sections, a rough surface and many steps.
4		Bushwalking experience essential	Tracks may be long, rough and very steep. Directional signs may be limited.
Easy		Novice riders with basic skills and fitness	Wide trail with a gentle slope and a relatively obstacle-free, hardened natural slope.
Intermediate		Experienced riders with moderate skills and fitness	Trail with obstacles, variable surface and moderate slope. May include steep sections.
Difficult		Experienced riders used to physically-demanding routes	Challenging and variable trail with long steep climbs or descents, loose surfaces and unavoidable obstacles.

**!** Below left: Keep a watch on the weather. Below middle: Have fun but know your limits. Below right: Get local advice.

Photo: (below left) Mick Barrett © Qld Govt; (below middle) © Tourism and Events Qld; (below right) Justin Heitman © Qld Govt



# Further information

 [qld.gov.au/NationalParks](http://qld.gov.au/NationalParks)

 [qld.gov.au/Camping](http://qld.gov.au/Camping)

 [qld.gov.au/ParkAlerts](http://qld.gov.au/ParkAlerts)  
(access, closures and conditions)

 [qldnationalparks](https://www.facebook.com/qldnationalparks)

 [@QldParks](https://www.instagram.com/QldParks); [#QldParks](https://twitter.com/QldParks)

This brochure is also available online  
at [qld.gov.au/ParkBrochures](http://qld.gov.au/ParkBrochures)

For help planning your holiday visit  
[queensland.com](http://queensland.com) and [tourismwhitsundays.com.au](http://tourismwhitsundays.com.au)



## Useful contacts

**For all emergencies:** Call Triple Zero (000)

**Road conditions:** Visit the Department of Transport and Main Roads at [qldtraffic.qld.gov.au](http://qldtraffic.qld.gov.au) or phone 13 19 40.

**Shark information:** Visit the Department of Agriculture and Fisheries at [daf.qld.gov.au](http://daf.qld.gov.au)

**Marine park information:** Visit the Great Barrier Reef Marine Park Authority at [gbrmpa.gov.au](http://gbrmpa.gov.au)

**Weather conditions:** Visit [bom.gov.au](http://bom.gov.au)

- Reef Zoning Map App (free download)  
‘Eye on the Reef’ App: [gbrmpa.gov.au](http://gbrmpa.gov.au)
- Triple Zero (000) emergency App (free download):  
[emergencyapp.triplezero.gov.au](http://emergencyapp.triplezero.gov.au)

 *Sense the magic of a Whitsunday afternoon.*  
Photo: Peter Lik © Tourism and Events Qld